



DORYOKU RYU KARATE



TRADITIONAL~KOBUDO~SPORT

Doryoku Ryu Karate Traditional~Kobudo~Sport
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Anti-bullying Policy

The aim of the anti-bullying policy is to ensure that students can be taught and learn in a supportive, caring and safe environment without fear of being bullied. Only when all issues of bullying are addressed will students be able to fully benefit from the benefits of training in karate.

Definition

Bullying is anti-social behaviour and affects everyone; it is unacceptable and will not be tolerated.

Bullying is defined as deliberately hurtful behaviour, **repeated over a period of time**, where it is difficult for those being bullied to defend themselves.

The three main types of bullying are:

Physical (hitting, kicking, theft)

Verbal (name calling, racist remarks, religious remarks, homophobic remarks, gender based insults) remarks.

Indirect (spreading rumours, excluding someone from social groups).

Cyber bullying: remarks made over the Internet.

Aims

To promote a secure and safe environment free from threat, harassment and any type of bullying behaviour in our karate classes.

To take positive action to prevent bullying from occurring through a clearly defined policy.

To show commitment to overcoming bullying by practising zero tolerance .

To inform students/instructors and parents/carers of the our club-Expectations, and to help maintain a bully-free environment.

To make our instructors aware of their role in fostering the knowledge and attitudes which will be required to achieve the above aims.

To encourage all students/parents/carers/instructors to show their disapproval if they see bullying at class and take responsibility for informing the class instructor/senior instructor.

Club Responsibilities

To implement procedures to confront bullying in any form.

To listen to all parties involved in incidents.

To investigate as fully as possible.

To take appropriate action, or refer the matter to the Senior Instructor for further action.

To record and inform parents of bullying incidents.

To promote the “club code of conduct” as a method of teaching and learning strategies which challenge bullying.

To record incidents of bullying involving students in their class .

Reporting an incident

Incidents of bullying should be reported to the class instructor immediately so that any action can be taken as soon as possible.

The club will guarantee the confidentiality of any Students and parents/carers or anyone else that reports bullying.

Procedures as sanctions.

The following steps will be taken when dealing with incidents:

If bullying is suspected or reported, the incident will be dealt with immediately by the Instructor .

If bullying has been found to have taken place the following sanctions will be applied to the bully or those doing the bullying.

Every incidence of bullying will be reported to the senior instructor who will keep all relevant details on record.

1.Verbal warning-issued immediately by the Class instructor.

If bullying persists then one of the following actions will be taken, depending on the seriousness of the incident.

2.Written warning from the senior instructor to be issued to the bully or the parents/carers of the bully.

3.Tempory suspension from all Doryoku Ryu Karate classes.

4.Permenet suspension from all Doryoku Ryu Karate classes.

Students found to be bullying outside of Karate will be subject to the same sanctions.

Students who have been bullied will be supported by:

- Reassuring the student.
- Offering continuing support .
- Restoring self-esteem and confidence.

Pupils who have bullied will be helped by:

- Discussing what happened.
- Discovering why the pupil became involved.
- Admitting the wrong doing and need to change.

Bullying will not be ignored or tolerated by Doryoku Ryu Karate.