



DORYOKU RYU KARATE



TRADITIONAL~KOBUDO~SPORT

Doryoku Ryu Karate Traditional~Kobudo~Sport
 Unit 82-84 Christian Mill Business Park, Tamerton Folliot Road, Crownhill, Plymouth, Devon PL6 5DS
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Risk assessment

Participation in any martial art carries risk of injury, which must be accepted by anyone who chooses, of his or her own free will, to acquire the skills taught by Doryoku Ryu Karate. It is the responsibility of all Doryoku Ryu Karate. Instructors and Assistant Instructors to ensure that all risks are assessed, and where possible, eliminated or reduced to an acceptable level. To provide all students with a safe environment in which to train, the following steps will take place at every class.

Hazard	Control Measure	Risk Factor	Action Required
Injury during training	Doryoku Ryu Karate classes are taught under the instruction of an accredited instructor.	Low	All instructors are first aid trained in the unlikely event of injury
Fire	Students and Instructors are made aware of the hall fire drill and local fire exits. All fire escapes are checked and made clear before the class starts.	Low	Implementation of the fire drill which the instructor is aware of.
Spillage, slippery surfaces	No liquid is to be consumed whilst class is taking place. Liquid is only to be consumed during the break, under controlled conditions	Medium	All instructors are first aid trained in the unlikely event of injury
Hazardous objects	Before class the Instructor will clear the hall of any objects that may cause injury to students. This includes the room area and floor. The instructor will also ensure students act safely around open windows	Low	All instructors are first aid trained in the unlikely event of injury
Students safety	Doryoku Ryu Karate operates a strict members only policy and only club members or parents of club members are allowed in class. All instructors are Enhanced DBS checked.	Low	Any unknown people that are not at class for karate will be asked to leave.
Fixtures and equipment malfunction	All training equipment (focus mitts/kick shields) are routinely checked before class. Students are shown how to use the equipment each time any equipment will be used during a class.	Low	All instructors are always supervising and are first aid trained in the unlikely event of injury.

Assessment completed by :

Date:

Signed: